

**Virginia Behavioral Health Summit 2020: A Critical Moment**  
**September 24, 2020**  
**Webinar**  
**8:45 – 11:30 am**

This educational activity is jointly provided by AXIS Medical Education and  
The Virginia Hospital Research & Education Foundation

**Target Audience:** While we encourage anyone with an interest in improving behavioral health outcomes to attend, *this activity would most likely appeal to* psychologists, social workers, nurses, and counselors. Staff who work in health care organizations and agencies serving children, youth, and families. Psychiatric and acute care staff of treatment programs.

**Description:** In 2020, our communities and caregivers have been faced with a global health crisis that has abruptly changed the way many types of care are delivered and highlighted longstanding inequities in health outcomes. Widespread protests have also impacted a broader discussion around social justice and structural racism across the country. The third annual Virginia Behavioral Health Summit will explore the ways that the crises of 2020 have created opportunities to impact positive change in care delivery, policies, and communities at this critical moment in time.

**Learning Objectives:**

At the conclusion of this activity, participants should be better able to:

- Review methodological strategies to conduct community-engaged health disparities research with racially underserved populations.
- Explain the basic tenets of culturally relevant health promotion research and care.
- Examine outcomes associated with effective, culturally relevant mental health promotion research.
- Outline effective strategies for recruiting, retaining and promoting racially diverse mental health professionals in clinical care and research careers.
- Describe ways mental health and addiction care remains fragmented and difficult to access.
- Discuss what Virginia is doing to better address issues of mental health and addiction.
- List three ways they can better get involved in advancing mental health initiatives.

**Agenda:**

- 8:45 – 9:00 am Welcoming & Opening Remarks 9-10am – Opening Keynote
- 9:00 – 10:00 am BIPOC Mental Health, Social Justice and COVID-19: This Moment Requires Authenticity  
*Alfiee M. Breland-Noble, Ph.D., MHSc*
- 10:00 - 10:15 am Break
- 10:15-11:15 am Framework for Excellence in Mental Health and Well Being  
Panel Discussion (pre-recorded with live Q&A)  
*Benjamin F. Miller, PsyD*  
*Alyssa Ward, Ph.D., LCP*  
*Alison Land, FACHE*
- 11:15-11:30 am Closing for Live Event

**Your Faculty:**

**Dr. Alfiee M. Breland-Noble** (*recognized professionally as Dr. Alfiee*) is an internationally recognized scientist, author, media personality and speaker. With a primary focus on teens, college students, families and communities of color, she is recognized for her remarkable ability to motivate and inspire by translating complex scientific concepts (developed via her 20+ years of research leadership in Research 1 institutions) into everyday language. Her media work includes television (*e.g. NBC, PBS,*

*Fox 2 Detroit, A & E, and Lifetime Television*); social impact (*e.g. Soulpancake*) and celebrity podcasts (*e.g. Gettin' Better with Ron Funches*), print media (*e.g. Black Enterprise, Philadelphia Inquirer*) and radio (*e.g. NPR and WHY?*).

As Founder and Board President of the AAKOMA Project, Inc. (initially an academic psychiatry research lab; now a 501©(3) nonprofit), Dr. Alfiee and her team have built a research enterprise founded on the science of adolescent and community engagement. She was part of the senior leadership team with Congresswoman Bonnie Watson Coleman and the Congressional Black Caucus on the report Ring the Alarm and the Pursuing Equity in Mental Health Act of 2019. Her academic publications and presentations reflect her commitment to a culturally relevant, patient centered approach to reducing mental health disparities and her skills were on display when she moderated a celebrity panel with Ms. Taraji P. Henson, Charlemagne Tha God and Mrs. Jenifer Lewis on racial disparities and addressing the mental health needs of African American youth.

**Benjamin F. Miller, PsyD** is the Chief Strategy Officer for Well Being Trust, a national foundation committed to advancing the mental, social and spiritual health of the nation. He helps oversee the foundation's portfolio ensuring alignment across grantees, overall strategy and direction, and connection of the work to advance policy. The end goal is to help advance the national movement around mental health and well-being. Prior to joining Well Being Trust, Dr. Miller spent 8 years as an Associate Professor in the Department of Family Medicine at the University of Colorado School of Medicine where he was the founding Director of Eugene S. Farley, Jr. Health Policy Center. The Farley Center was created in 2014 to be a leader in conducting policy studies, relevant to health and health care challenges, disseminating evidence to those positioned to use it in their decision-making issues related to health policy for the University, and to be a leader locally and nationally on a variety of topic areas. Under Dr. Miller's leadership, the Farley Health Policy Center worked on four main areas: behavioral health integration, payment reform, workforce, and community-based prevention. He remains a Senior Advisor to the Farley Center. Miller is currently an Adjunct Professor in the Department of Psychiatry and Behavioral Sciences in the Stanford School of Medicine

Dr. Miller has been a principal investigator on several federal grants, foundation grants, and state contracts related to comprehensive primary care and mental health, behavioral health, and substance use integration. He led the Agency for Healthcare Research and Quality's Academy for Integrating Behavioral and Primary Care project as well as the lead investigator on the Sustaining Healthcare Across Integrated Primary Care Efforts (SHAPE) project. In addition, he was the lead author on the Robert Wood Johnson Foundation Culture of Whole Health report, which provided specific direction to advance mental health nationally.

He received his doctorate in clinical psychology from Spalding University in Louisville, Kentucky. He completed his predoctoral internship at the University of Colorado Health Sciences Center, where he trained in primary care psychology. In addition, Miller worked as a postdoctoral fellow in primary care psychology at the University of Massachusetts Medical School in the Department of Family Medicine and Community Health.

Dr. Miller has written and published extensively on enhancing the evidentiary support for integrated models, increasing the training and education of behavioral health providers in medical settings, and the need to address specific health policy and payment barriers for successful integration. He was the section editor for Health and Policy for Families, Systems and Health and a current member of editorial board for the journal as well as a member of the International Advisory Board of the British Journal of General Practice. Dr. Miller has been a technical expert panelist for CMS on Quality Measure Development for Medicaid Beneficiaries with: Substance Use Disorders; Complex Needs and High Costs; and Physical/Mental Health Integration Needs as well as for the Medicaid Innovation Accelerator Program on integration. Miller is a past President of the Collaborative Family Healthcare Association, a national not-for-profit organization pushing for patient-centered integrated health care, a faculty for the Institute for Healthcare Improvement, and currently a Board Member for Mental Health Colorado. He has received numerous awards for his work on mental health and integration. A

highly sought out public speaker, Dr. Miller has presented around the world on the need to better integrate mental health with health care.

Dr. Miller's research interests include models of integrating mental health and substance use, primary care practice redesign, using practice-based research networks to advance whole person health care, financing health care, and health policy. He has been featured in numerous media outlets including NBC News, USA Today, NPR, PBS News Hour, and many more. Outside of his job, Dr. Miller enjoys playing music, mountain biking, rock climbing, and painting. He and his family live in Denver, Colorado.

**Alyssa Ward, Ph.D., LCP** is the Behavioral Health Clinical Director at the Department of Medical Assistance Services and serves as the agency lead for the behavioral health enhancement proposal. Dr. Ward is a Licensed Clinical Psychologist with experiences as a clinician, supervisor, trainer, administrator and implementation researcher in the areas of evidence-based practice (EBP) and trauma-informed care in community settings. Dr. Ward received her Ph.D. from Virginia Commonwealth University (VCU), completed her residency at University of North Carolina Chapel Hill and fellowships at both The University of Hawaii and the University of California Los Angeles. Most recently, Dr. Ward was an Assistant Professor of Pediatrics at VCU and she continues to be affiliate faculty and maintain one afternoon of clinical practice at the Children's Hospital of Richmond serving youth with complex medical and psychological challenges. Dr. Ward has a deep appreciation for the power of teamwork and cross-agency alignment in the work for system change, and holds a strong value around driving racial equity in behavioral health systems through policy and practice reform. She is looking forward to continued development of relationships with stakeholders by listening, learning and sharing experience and ideas to improve behavioral health care access and outcomes for the Commonwealth.

**Alison Land** was appointed by Governor Ralph Northam in 2019 to serve as commissioner of the Virginia Department of Behavioral Health and Developmental Services (DBHDS), a state agency that operates 13 hospitals and facilities with over 6,000 staff and provides strategic direction, financial resources and oversight for Virginia's publicly-funded system serving individuals with mental illness, substance-use disorders or developmental disabilities.

Before her appointment to lead DBHDS, Mrs. Land served since 2015 as the Vice President for Behavioral Health Services for Sentara Healthcare, responsible for coordinating and implementing initiatives that improve access, quality, and efficiency in both the inpatient and outpatient settings within Behavioral Health.

Previously, Mrs. Land served as the Vice President of Floyd Healthcare System in Rome, Georgia where she held responsibility for the Floyd Behavioral Health Center, and system level responsibility for functions including strategy, planning, quality, coordinated care, decision support, laboratory services, and the Floyd Centers of Excellence including joint, stroke, spine surgery, diabetes, and bariatric surgery.

Mrs. Land is a Fellow of the American College of Healthcare Executives and has served on numerous committees and boards including Georgia State University's Institute for Health Administration, The Free Clinic of Rome, Georgia Hospital Association, and the Virginia Hospital and Healthcare Association.

## **ACCREDITED CONTINUING EDUCATION Accreditation Statement**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by AXIS Medical Education and The Virginia Hospital Research & Education Foundation. AXIS Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 2.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

### **Credit Designation for Physicians**

AXIS Medical Education designates this live activity for a maximum of 2.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Credit Designation for Nursing**

AXIS Medical Education designates this continuing nursing education activity for 2.0 contact hours.

*Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.*



ASWB approved continuing education **Social Workers**

As a Jointly Accredited Organization, AXIS Medical Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether

an individual course may be accepted for continuing education credit. AXIS Medical Education maintains responsibility for this course. Social workers completing this course receive a maximum of 2.0 continuing education credits.

**AXIS Contact Information**

For information about the accreditation of this program please contact AXIS at info@axismeded.org.

**Disclosure of Conflicts of Interest**

AXIS Medical Education requires instructors, planners, managers and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by AXIS for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

The **faculty**, Alfiee M. Breland-Noble, Ph.D., MHSc; Benjamin F. Miller, PsyD; Alyssa Ward, Ph.D., LCP, and Alison Land, FACH reported no financial relationships or relationships he or his spouse/life partner have with commercial interests related to the content of this continuing education activity.

The **planners and managers** reported the following financial relationships or relationships they or their spouse/life partner have with commercial interests related to the content of this continuing education activity:

| Name of Planner/Manager             | Reported Financial Relationship |
|-------------------------------------|---------------------------------|
| Tracey van Marcke                   | Nothing to disclose             |
| Victoria Koebel                     | Nothing to disclose             |
| Ronald Viggiani, MD                 | Nothing to disclose             |
| Holly M. Hampe, D.Sc., RN, MHA, MRM | Nothing to disclose             |
| Dee Morgillo, MEd., MT(ASCP), CHCP  | Nothing to disclose             |

**Disclaimer**

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer’s product information, and comparison with recommendations of other authorities.

**Requirements for credit:**

- Attend/participate in the educational activity and review all course materials.
- Complete the CE Declaration form online by 11:59 pm ET on October 24, 2020. Instructions will be provided. If you do not enter the online portal by the above date, you will not be able to retrieve your statement of participation.
- Upon successful completion of the online form, your statement of completion will be presented to you to print.